

Adair County R-II School District November 2019 Newsletter



FROM MRS. GRISSOM'S DESK

Have you ever wondered what it would take to get your kids to be organized? Your family? Sounds hard doesn't it?! The following is an excerpt from a parent newsletter from the Leader in Me Online.

"Organization is a skill learned over time. By teaching organization at home, your child will learn this very important skill.

Use the first three habits as a learning tool for you and your child:

Habit 1: **Be Proactive**

Habit 1 is about initiative and responsibility. Help your child determine what he or she will need for the next day. To start, writing a list may be helpful. Next, have your child gather the non-perishable items and put them in his or her school bag.

Habit 2: **Begin With the End in Mind**

Habit 2 is about visualizing how you would like something to turn out before it happens. If a smooth morning is the goal, brainstorm with your child how that will look and feel like. Your child may actually have time to do something extra in the morning if he or she is organized and you will all have a happy start to the day.

Habit 3: **Put First Things First**

Habit 3 means focusing on the task when there's something else you would rather be doing—the hardest part of all! Help your child learn how to avoid distractions by reminding him or her of that. If they stick to it, all the fun things can come right after—with no guilt or nagging!

Once children know these habits, and how to apply them, they can start tackling more difficult tasks independently. They will begin to feel self-confident and proud when they're able to complete homework, chores, and other tasks by themselves. They're also sure to be pleased when they find they have some extra free time to do what they'd like to do. Remember, it may take time to teach your child these skills. Sometimes, it will seem simpler just to do it for them. But remember, your child won't learn how to be independent and successful if you always do it for them. Using Habits 1-3 is a life skill that will benefit them their entire lives."

Mrs. Grissom
K-12 Principal

BLOOD DRIVE

The American Red Cross and Adair County R-II School will be sponsoring a blood drive on Wednesday, November 20th, from 2:00-6:30 p.m. at the Keller Building, 205 S. King, Brashear.

To schedule an appointment, visit redcrossblood.org

Sponsor Keyword: BrashearCommunity

Please stop by and donate! We look forward to seeing you there.



PAJAMA DRIVE

Rainbow Fish Club is having a pajama drive during the month of November.

What to Donate:

- Brand-new pajamas in all sizes, from newborn to adult.
- Pajamas must be a complete set—either a top and bottom or onesie.
- Pajamas for all seasons!

All pajamas donated will be staying within our area. For every pair of pajamas donated, Scholastic will donate a book to go with them.

Please send donations to Ms. Jeme's classroom.

BREAKFAST/LUNCH MENU

MENU



Breakfast each day includes fruit, juice, and milk. Students may choose cereal instead of the breakfast item offered. The following items are offered daily for students to choose from in lieu of the lunch entrée: yogurt or a WOWBUTTER® (peanut butter replacement) and jelly sandwich.

November 1

Friday: Cereal, toast, oatmeal/Pizza, chips & cheese, corn, applesauce, pudding, milk

November 5-8

Tuesday: Long john, yogurt/Chicken patty, mashed potatoes, butter beans, mandarin oranges, cookie, milk

Wednesday: Biscuits & gravy/Baked potato, corn bread, cottage cheese, beans, peaches, cheese-cake, milk

Thursday: Breakfast pizza/Grilled cheese, soup, carrots, pears, brownie, milk

Friday: Waffle, syrup, sausage/Sub sandwich, chips & cheese, corn, apple-sauce, banana bread, milk

November 12-15

Tuesday: Breakfast bites, syrup/Corn dog, tater tots, lima beans, mandarin oranges, cookie, milk

Wednesday: Cheese omelet, toast/Nachos, lettuce, carrots, pears, pudding, milk

Thursday: Pancake, syrup, sausage/Country fried steak, mashed potatoes, green beans, peaches, cake, milk

Friday: Donut, yogurt/Garlic pizza bread, ravioli, corn, pineapple, apple crisp, milk

November 19-22

Tuesday: French toast sticks, syrup/Spaghetti, bread stick, cottage cheese, peas, mandarin oranges, cookie, milk

Wednesday: Breakfast casserole/Tenderloin, cheesy potatoes, baked beans, pineapple, brownie, milk

Thursday: Cinnamon roll/Mr. Ribb, mashed potatoes, green beans, peaches, pumpkin bar, milk

Friday: Biscuit, sausage, egg, cheese/Chicken nuggets, macaroni & cheese, sweet potatoes, applesauce, ice cream, milk

November 26-29

Monday: Bagel, muffin/Tacos, lettuce, refried beans, mandarin oranges, cookie, milk

Tuesday: Breakfast burrito/Turkey & noodles, mashed potatoes, green beans, peaches, pudding, milk

Wednesday: Long john, yogurt/Pizza, chips & cheese, corn, applesauce, cookie, milk

Thursday: No School

Friday: No School



HAPPY
Thanksgiving

LOCAL POSTAL PATRON

November 2019

Sun Mon Tue Wed Thu Fri Sat

					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

1 District Student Council Meeting at Mexico—There TBA

1 Red Ribbon Week Trunk or Treat/Junior Class Soup Supper in the Cafeteria—Here 5:30-7:00 p.m.

1 Student Council Dance—Here 8:00-10:30 p.m.

2 Brashear Craft Show—Here 9:00 a.m.-2:00 p.m.

4 JH Basketball w/ Novinger—There 6:00 p.m.

5 Jostens Ring Drop Off—Here 9:30 a.m.

7 JH Basketball w/ Linn County—Here 6:00 p.m.

8 Veterans Day Assembly—Here 2:00 p.m.

8 JH Basketball w/ Meadville—Here 6:00 p.m.

9 All-District Band Auditions at Moberly—There TBA

11-16 Atlanta Junior High Basketball Tournament—There TBA

18 Truman Honor Band Auditions/Rehearsal—There TBA

19 Showing of Documentary *Screenagers*—Here 6:00 p.m.

20 Blood Drive at Keller Building—2:00-6:30 p.m.

20 Board Meeting—Here 6:00 p.m.

25 SCHOOL WILL BE IN SESSION

27 Early Dismissal—1:32 p.m.

28-29 No School—Thanksgiving Vacation

TIGER PRIDE



Our softball and baseball teams recently completed their fall seasons. The girls finished fourth in the conference with a 5-3 record and an overall record of 10-10. The boys finished fourth in the conference with a 5-3 record and 7-3 overall. Tri-County All-Conference selections included Hannah Grissom, Alexa Higgins, Brandon Jochimsen and Brhet Place—First Team and Tanna Garlock and Garrett Housman—Second Team. All-District selections included Alexa Higgins—Infield, Sierra Snyder—Outfield and Hannah Grissom—Utility. Alexa Higgins was also named to the All-Region Second Team.

We are so proud of our students!



One of Our Own

Please join us as we honor our military in a
Veterans Day Assembly

**on Friday, November 8, 2019
at 2:00 p.m.**

in the Brashear High School gymnasium

205 West Dewey Street, Brashear

*Following the assembly, a reception will be
held in the cafeteria for veterans and their families.*